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Woodrie Burich is an award-winning thought leader, TEDx speaker, and Forbes Coaches Council member who helps leaders transform high-stress and rapid-growth environments into resilient, results-driven cultures. As founder of The Integration Group and creator of the Boundaries Before Burnout® framework, she brings 20+ years of tech leadership experience spanning multimillion-dollar programs and billion-dollar mergers. Known for her direct, actionable approaches and deep human insight, Woodrie equips executives and teams with practical tools to improve clarity, focus, and performance. She brings authority, authenticity and impact to every room she enters.